YES/&

PRESS RELEASE
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MUSIC / CULTURE / MENTAL HEALTH

YES/& BRINGS AN ELECTRONIC MUSIC NIGHT TO EAST AUSTIN TO FUND AFFORDABLE THERAPY

Local DJs, a 180-degree projection room and a consent-first dance floor at dadaLab on Saturday, Nov. 21. All profits go to Capital Area Counseling.

AUSTIN, Texas, Oct. 9, 2026 · YES/&, a one-night electronic music and immersive visuals event, comes to dadaLab in East Austin on Saturday, Nov. 21, 2026, from 7 to 11 p.m. All profits go to Capital Area Counseling (CAC), a nonprofit that has offered sliding-scale therapy to Central Texans since 1980.

Austin DJs will play house, IDM, techno and drum and bass inside dadaLab's four-projector wrap, which runs 180 degrees across the front and side walls. Live VJs will build visuals in real time, with lights to match. The night is 18+ and alcohol-free, and capped at about 100 people so the room stays a dance floor, not a crowd.

The name comes from improv, where "yes, and" means accepting what's offered and building on it. YES/& applies that to a night out: guests get permission to be themselves on a consent-first dance floor. Consent-first means guests decide how they want to interact before anyone has to ask. Each person picks a color-coded wristband at the door that signals how social they want to be, and everyone in the room is asked to respect it, so nobody has to explain themselves.

> "Mental health care shouldn't depend on what you can afford. We wanted a night where people can let go, feel safe doing it, and know their ticket helps someone get in front of a therapist."
>
> Jonathan Earley, producer, YES/&

> "My therapist challenges me and makes me question a lot of things. It has helped a lot in my progress."
>
> Capital Area Counseling client (anonymous)

CAC was founded in 1980 by members of the Capital Area Psychological Association to meet Austin's need for low-cost psychological care. Sessions run $15 to $60 based on income and household size, and the clinic also trains the next generation of therapists. Demand is steady: CAC's waitlist runs anywhere from two weeks to three months.

The night's costs are covered by sponsors and the organizer, so ticket profits go to CAC. Guests who want to give more can buy a $40 supporter ticket.

EVENT DETAILS

WHEN	Saturday, Nov. 21, 2026, 7 to 11 p.m.
WHERE	dadaLab, 2008 Alexander Ave., Austin, TX 78722
MUSIC	House, IDM, techno and drum and bass from Austin DJs. Lineup announced Oct. 21 at yesandatx.com and @yesandatx

TICKETS	$15 early bird (through Oct. 31), $20 general, $40 supporter, $25 at the door. yesandatx.com
AGES	18+, alcohol-free
BENEFICIARY	Capital Area Counseling, cacaustin.org

ABOUT YES/&

YES/& is a one-night electronic music and immersive art event in East Austin, produced by Austin educator, designer and musician Jonathan Earley. Production costs are covered by sponsors and the organizer, and all profits go to affordable mental health care. More at yesandatx.com.

ABOUT CAPITAL AREA COUNSELING

Capital Area Counseling is an Austin nonprofit dedicated to providing affordable, accessible, high-quality mental health services to all Central Texans. Founded in 1980, CAC offers individual, couples, family, group and children's therapy in English and Spanish, in person and by telehealth, on a sliding scale. More at cacaustin.org.

MEDIA CONTACT

Jonathan Earley · jonathan.r.earley@gmail.com · (210) 920-0598 · @yesandatx
Capital Area Counseling: Jackie Marquez, Director of Marketing & Community Relations · Jackie@cacaustin.org · (512) 302-1000
Press passes, interviews, photos and logos on request.

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